

NEW JERSEY HIGH SCHOOL FOOTBALL
STRENGTH INDEX VALUES through CUTOFF WEEKEND 2026

*Each team is listed with their current Strength Index rating, followed by the change throughout the year.
Teams with a red number are those whose SI values since the preseason.*

Absegami	52.63	-2.22	Cherry Hill East	69.61	-1.84
Allentown	56.16	11.67	Cherry Hill West	41.06	-14.89
Asbury Park	40.77	-12.90	Cinnaminson	48.17	-10.22
Atlantic City	91.54	11.03	Clayton	63.82	10.25
Atlantic Tech	43.93	-8.68	Clearview	63.99	23.98
Audubon	64.89	4.40	Cliffside Park	60.87	18.30
Barneget	65.10	11.33	Clifton	51.85	2.35
Barringer	37.70	-11.05	Collingswood	39.26	-16.45
Bayonne	74.51	3.22	Colonia	52.88	-13.67
Becton	67.79	4.90	Colts Neck	57.31	5.70
Belleville	49.93	-11.51	Columbia	31.30	-13.68
Belvidere	56.09	-0.98	Cranford	71.51	10.28
Bergen Catholic	85.91	-2.56	Cresskill	31.25	-21.08
Bergen Tech	30.75	-10.87	Cumberland	32.54	-24.01
Bergenfield	55.85	3.88	Dayton	61.72	3.34
Bernards	68.66	-1.62	Delaware Valley	68.54	10.51
Bishop Eustace	51.69	-2.72	Delbarton	76.39	5.17
Bloomfield	58.15	5.15	Delran	69.65	-2.29
Bogota	38.09	-20.44	Delsea	54.94	-5.65
Boonton	60.51	5.65	Demarest	70.24	19.53
Bordentown	62.11	0.65	DePaul	76.78	-5.62
Bound Brook	39.66	-7.21	Deptford	63.50	19.79
Brearley	47.25	-5.67	Dickinson	19.29	-37.18
Brick Memorial	82.72	-2.01	Don Bosco Prep	94.28	4.57
Brick Twp.	56.67	-2.83	Donovan Catholic	93.08	18.75
Bridgeton	75.17	8.80	Dover	59.78	19.65
Bridgewater-Raritan	75.26	2.05	Dumont	63.88	4.87
Buena	33.82	-18.33	Dunellen	17.90	-10.82
Burlington City	52.90	-20.79	Dwight Morrow	41.33	-11.20
Burlington Twp.	65.06	-8.99	East Brunswick	36.28	-12.08
Butler	79.46	0.95	East Orange	81.40	14.49
Caldwell	87.87	18.37	Eastern	61.01	-5.70
Camden	86.55	0.00	Eastside	39.81	-16.06
Camden Catholic	55.65	3.18	Edison	50.57	-5.52
Camden Eastside	84.32	25.90	Egg Harbor	61.95	18.45
Carteret	53.82	-6.01	Elizabeth	84.04	24.55
Cedar Creek	55.87	-29.33	Elmwood Park	53.06	16.01
Cedar Grove	89.30	11.03	Ewing	68.00	5.03
Central	55.68	-8.83	Fair Lawn	57.38	4.21
Chatham	82.59	13.49	Ferris	21.95	-11.35
Cherokee	57.42	-3.67	Florence	30.14	-14.77

Fort Lee	77.07	11.50	Keansburg	33.85	-9.31
Franklin	59.66	-3.63	Kearny	48.69	2.70
Freehold Boro	25.82	-14.64	Kennedy	43.81	11.27
Freehold Twp.	61.04	-1.31	Keyport	36.79	-3.12
Garfield	81.27	21.59	Kingsway	63.56	-18.25
Gateway	48.58	-7.79	Kinnelon	58.00	-11.54
Glassboro	98.22	10.10	KIPP Cooper Norcross	50.73	-2.57
Glen Ridge	55.54	-11.80	Kittatinny	63.24	5.22
Glen Rock	52.69	-11.84	Lacey	48.88	-8.19
Gloucester Catholic	6.75	-17.78	Lakeland	70.89	14.24
Gloucester City	77.78	17.47	Lakewood	18.74	-20.73
Governor Livingston	55.47	-3.64	Lawrence	26.35	-33.21
Hackensack	60.08	-4.43	Lenape	60.61	5.64
Hackettstown	60.23	3.04	Lenape Valley	61.78	7.57
Haddon Heights	52.31	-5.72	Lincoln	17.31	-20.82
Haddon Twp.	24.60	-11.63	Linden	57.07	-2.89
Haddonfield	83.78	7.97	Lindenwold	36.86	-1.75
Hamilton	45.20	-7.84	Livingston	59.19	-7.22
Hammonton	60.16	2.75	Lodi	41.61	1.98
Hanover Park	71.81	-2.91	Long Branch	37.32	-7.75
Hasbrouck Heights	76.61	3.02	Lower Cape May	73.69	8.66
Hawthorne	62.49	6.84	Lyndhurst	59.67	-7.02
High Point	78.29	9.11	Madison	57.49	-16.91
Highland Park	68.70	24.89	Mahwah	59.08	-5.11
Highland Regional	42.39	-11.74	Mainland	55.65	-20.52
Hightstown	31.68	-21.80	Manalapan	74.86	2.78
Hillsborough	51.11	-11.84	Manasquan	82.11	15.29
Hillside	82.10	20.31	Manchester Regional	46.65	-8.32
Hoboken	79.93	11.95	Manchester Twp.	31.43	-10.00
Holmdel	78.15	-0.60	Manville	58.80	-9.11
Holy Cross	37.33	-10.03	Maple Shade	47.10	-2.32
Holy Spirit	77.23	5.02	Marlboro	75.92	23.49
Hopatcong	42.00	-4.68	Mastery HS of Camden	25.28	-17.54
Hopewell Valley	74.28	5.14	Matawan	69.10	3.69
Howell	55.29	-2.12	Memorial	49.45	-2.36
Hudson Catholic	50.05	-3.36	Mendham	52.34	-5.49
Hunterdon Central	59.07	2.05	Metuchen	38.84	-21.21
Immaculata	75.65	2.43	Middle Twp.	46.01	6.80
Indian Hills	55.91	-1.10	Middlesex	39.41	0.34
Irvington	74.66	12.11	Middletown North	73.53	5.44
Jackson Twp.	55.60	-7.93	Middletown South	72.24	5.99
Jefferson	51.32	1.96	Millburn	61.85	7.44
JFK	34.75	-20.74	Millville	82.21	3.22
Johnson	73.52	13.97	Monmouth	73.09	21.78
JP Stevens	27.52	-7.73	Monroe	56.73	9.82

Montclair	43.79	-7.36	Pascack Hills	71.00	9.76
Montclair-Kimberley	44.50	2.45	Pascack Valley	58.80	-8.47
Montgomery	64.85	-4.86	Passaic	53.50	-1.40
Montville	65.76	0.02	Passaic Tech	81.05	2.04
Moorestown	55.12	3.31	Passaic Valley	53.70	-11.47
Morris Catholic	37.90	-16.21	Paul VI	71.91	2.93
Morris Hills	60.65	9.07	Paulsboro	74.83	6.17
Morris Knolls	87.18	21.05	Pemberton	45.80	12.93
Morristown	60.49	3.20	Penns Grove	56.33	8.23
Morristown-Beard	48.36	-4.22	Pennsauken	62.76	-0.33
Mount Olive	71.96	-4.67	Pennsville	57.46	-6.78
Mountain Lakes	64.65	-9.00	Pequannock	43.26	-15.83
Neptune	57.90	-10.05	Perth Amboy	66.10	23.63
New Brunswick	28.67	-10.84	Phillipsburg	84.26	9.89
New Egypt	45.81	-5.77	Pinelands	69.60	14.17
New Milford	77.85	16.65	Pingry	68.73	6.09
New Providence	78.77	5.77	Piscataway	78.81	10.47
Newark Central	59.87	2.10	Pitman	34.52	-13.94
Newark Collegiate	50.93	0.00	Plainfield	59.18	-4.81
Newton	84.70	16.25	Pleasantville	67.74	-2.57
North Arlington	42.91	7.12	Pompton Lakes	58.80	5.61
North Bergen	39.22	-19.45	Pope John	62.51	-1.19
North Brunswick	43.81	0.87	Princeton	44.27	-11.54
North Hunterdon	43.82	-8.81	Pt. Pleasant Beach	68.52	10.56
North Plainfield	55.96	4.34	Pt. Pleasant Boro	78.38	8.29
North Warren	30.35	-10.94	Rahway	76.62	8.43
Northern Burlington	73.35	10.57	Ramapo	80.71	-5.47
Northern Highlands	82.09	1.67	Ramsey	61.43	-8.49
Notre Dame	70.33	12.78	Rancocas Valley	98.56	24.80
Nottingham	36.58	-13.05	Randolph	46.17	-10.02
Nutley	65.79	10.52	Raritan	58.09	0.45
Oakcrest	67.81	11.30	Red Bank	59.41	-3.65
Ocean City	61.96	-0.53	Red Bank Catholic	82.43	1.98
Ocean Twp.	63.90	4.69	Ridge	71.63	4.18
Old Bridge	81.80	11.50	Ridgefield Park	62.26	-1.21
Old Tappan	95.08	9.46	Ridgewood	75.40	15.69
Orange	21.10	-15.95	River Dell	81.87	9.64
Overbrook	55.59	-9.49	Riverside	42.76	-11.56
Palisades Park	31.16	-13.47	Robbinsville	40.14	-9.03
Palmyra	42.98	10.39	Roselle	30.40	-14.99
Paramus	58.00	9.81	Roselle Park	50.60	-5.08
Paramus Catholic	79.83	-2.32	Roxbury	80.74	18.19
Park Ridge	56.90	-2.50	Rumson-Fair Haven	79.92	6.87
Parsippany	36.34	-1.15	Rutherford	81.09	16.37
Parsippany Hills	61.19	5.66	Saddle Brook	58.80	-0.93

Salem	85.03	17.55
Sayreville	79.53	8.92
Schalick	75.79	11.58
Scotch Plains-Fanwood	47.07	-0.71
Secaucus	30.66	-26.10
Seneca	81.71	6.73
Seton Hall Prep	79.61	15.02
Shabazz	86.95	1.82
Shawnee	69.88	-0.66
Shore	58.21	-13.04
Snyder	32.29	-22.34
Somerville	74.43	3.42
South Brunswick	64.38	11.40
South Hunterdon	37.02	-8.53
South Plainfield	58.30	-5.37
South River	23.54	-14.34
Southern	79.41	6.05
Sparta	56.44	-9.61
Spotswood	58.78	-5.16
St. Augustine	92.69	17.89
St. John Vianney	69.76	2.32
St. Joseph-Hammonton	57.72	0.48
St. Joseph-Metuchen	64.26	-7.28
St. Joseph-Montvale	85.08	-2.29
St. Mary	55.13	-2.63
St. Peter's Prep	86.86	6.00
St. Thomas Aquinas	78.59	13.48
Steinert	69.09	5.20
Sterling	60.38	-2.84
Summit	67.84	-0.24
Sussex Tech	22.78	-22.76
Teaneck	71.06	11.08
Tenaflly	49.65	-0.70
Timber Creek	81.55	21.43
Toms River East	44.03	-10.06
Toms River North	81.87	14.47
Toms River South	60.44	7.40

Trenton	72.53	15.06
Triton	59.48	-3.07
Union	62.50	3.23
Union City	75.99	7.05
Vernon	73.66	9.21
Verona	51.19	-3.46
Vineland	67.95	16.72
Voorhees	47.48	-11.63
Waldwick	81.10	12.89
Wall	72.17	-0.65
Wallington	30.68	-23.46
Walkkill Valley	68.51	10.33
Warren Hills	49.90	-18.73
Washington Twp.	97.14	9.65
Watchung Hills	52.33	0.59
Wayne Hills	88.09	13.74
Wayne Valley	63.10	-8.31
Weehawken	41.02	-7.98
Weequahic	67.23	-4.68
West Deptford	96.45	24.62
West Essex	80.70	9.04
West Milford	64.09	-5.48
West Morris	79.91	3.87
West Orange	91.37	15.18
West Side	51.83	5.97
West Windsor-Plainsboro	6.03	-19.92
Westfield	51.41	-9.22
Westwood	76.73	-0.46
Whippany Park	54.05	2.80
Wildwood	31.92	-10.48
Williamstown	67.04	6.45
Willingboro	63.87	-9.66
Winslow	85.24	-7.60
Woodbridge	61.44	-7.89
Woodbury	46.76	-5.34
Wood-Ridge	67.43	6.84
Woodstown	61.07	11.04