

NEW JERSEY FOOTBALL
ESTIMATED 2026 STARTING STRENGTH INDEX
(ranked)

Winslow	92.99	Southern	73.59	Piscataway	68.26
Don Bosco Prep	89.91	Willingboro	73.56	Rahway	68.19
Camden	89.68	Hasbrouck Heights	73.54	Summit	68.11
Bergen Catholic	88.64	Immaculata	73.30	Hoboken	67.98
Glassboro	88.19	Wall	73.29	Neptune	67.98
Washington Twp.	87.76	Bridgewater-Raritan	73.21	St. John Vianney	67.55
St. Joseph-Montvale	87.19	Rumson-Fair Haven	73.18	Toms River North	67.44
Ramapo	86.27	New Providence	72.99	Salem	67.43
Old Tappan	85.79	Manalapan	72.41	Ridge	67.42
Cedar Creek	85.31	River Dell	72.32	Glen Ridge	67.41
Brick Memorial	84.83	Delran	71.81	Pascack Valley	67.35
Shabazz	84.10	West Essex	71.79	Waldwick	67.31
DePaul	82.43	St. Joseph-Metuchen	71.59	Manasquan	67.01
Paramus Catholic	82.29	West Deptford	71.57	Manville	66.99
Kingsway	82.09	Wayne Valley	71.53	Eastern	66.80
St. Peter's Prep	80.69	Cherry Hill East	71.45	Lyndhurst	66.67
Red Bank Catholic	80.53	Shore	71.45	Paul VI	66.49
Northern Highlands	80.48	Bayonne	71.34	Livingston	66.48
Phillipsburg	80.03	Delbarton	70.91	Colonia	66.45
Passaic Tech	79.13	Somerville	70.90	Bridgeton	66.37
Holmdel	78.79	Shawnee	70.73	Sparta	66.23
Butler	78.45	Weequahic	70.66	Morris Knolls	66.20
Cedar Grove	78.31	Sayreville	70.58	Middletown South	65.94
Atlantic City	78.25	Pleasantville	70.41	Montville	65.80
Haddonfield	77.81	Old Bridge	70.39	Fort Lee	65.47
Millville	77.69	Bernards	70.29	Passaic Valley	65.45
Westwood	77.35	Pt. Pleasant Boro	70.17	Matawan	65.41
Mount Olive	76.73	Ramsey	69.99	Mahwah	65.11
Mainland	76.28	East Orange	69.95	Lower Cape May	65.03
West Orange	76.27	West Milford	69.78	St. Thomas Aquinas	65.03
West Morris	76.09	Caldwell	69.77	Overbrook	64.75
Seneca	74.99	Montgomery	69.69	Seton Hall Prep	64.56
St. Augustine	74.88	Kinnelon	69.53	Vernon	64.54
Hanover Park	74.77	Woodbridge	69.33	Rutherford	64.52
Wayne Hills	74.75	High Point	69.21	Central	64.49
Holy Spirit	74.71	Hopewell Valley	69.15	Glen Rock	64.26
Donovan Catholic	74.47	Chatham	69.13	Schalick	64.07
Madison	74.43	Union City	68.97	Spotswood	63.94
Burlington City	74.29	Warren Hills	68.63	Pennsville	63.93
Burlington Twp.	74.17	Middletown North	68.55	South Plainfield	63.67
Rancocas Valley	74.17	Newton	68.53	Jackson Twp.	63.65
Mountain Lakes	73.69	Paulsboro	68.41	Plainfield	63.53

Pope John	63.49	Voorhees	59.33	Pinelands	55.46
Ridgefield Park	63.36	Ocean Twp.	59.21	Collingswood	55.34
Sterling	63.25	Pequannock	59.12	Lenape	55.12
Pennsauken	63.17	Governor Livingston	59.11	Hamilton	55.09
Franklin	63.11	North Bergen	58.60	Passaic	55.07
Red Bank	63.09	Bogota	58.45	Boonton	54.87
Hillsborough	63.05	Cinnaminson	58.39	Absegami	54.84
Ewing	62.98	Dayton	58.39	Snyder	54.68
Becton	62.89	Wallkill Valley	58.18	Verona	54.67
Northern Burlington	62.76	Camden Eastside	58.17	Millburn	54.59
Teaneck	62.61	Delaware Valley	58.03	Manchester Regional	54.55
Triton	62.58	Kittatinny	58.03	Bishop Eustace	54.51
Freehold Twp.	62.55	Pt. Pleasant Beach	57.97	Riverside	54.35
Ocean City	62.55	Mendham	57.88	Morris Catholic	54.30
Roxbury	62.55	Newark Central	57.81	Camden Catholic	54.23
Irvington	62.53	St. Mary	57.79	Roselle Park	54.22
Pingry	62.32	Raritan	57.75	Lenape Valley	54.21
Hackensack	62.13	Howell	57.71	Highland Regional	54.13
Steinert	61.98	Notre Dame	57.60	Toms River East	54.11
Hillside	61.80	Hammonton	57.48	Wallington	54.10
Bordentown	61.59	Trenton	57.47	Barneгат	53.79
Pascack Hills	61.44	Morristown	57.33	Asbury Park	53.69
Belleville	61.41	St. Joseph-Hammonton	57.25	Hudson Catholic	53.53
Williamstown	61.33	Hackettstown	57.15	Hightstown	53.48
Cherokee	61.29	Lacey	57.11	KIPP Cooper Norcross	53.36
Cranford	61.21	Belvidere	57.07	Fair Lawn	53.15
New Milford	61.01	Hunterdon Central	57.02	Bloomfield	53.06
Delsea	60.91	Indian Hills	56.84	Toms River South	53.03
Westfield	60.61	Lakeland	56.68	South Brunswick	53.01
Timber Creek	60.55	Secaucus	56.68	Brearley	52.93
Wood-Ridge	60.51	Cumberland	56.61	Pompton Lakes	52.86
Dumont	60.41	Oakcrest	56.53	Dwight Morrow	52.77
Gloucester City	60.30	Morristown-Beard	56.52	North Hunterdon	52.63
Metuchen	60.05	Dickinson	56.40	Atlantic Tech	52.62
Linden	59.84	Gateway	56.39	Marlboro	52.61
Carteret	59.83	Randolph	56.19	Vineland	52.58
Ridgewood	59.79	Edison	56.11	Eastside	52.33
Saddle Brook	59.63	Audubon	56.01	Clayton	52.28
Brick Twp.	59.57	Cherry Hill West	55.96	Buena	52.26
Johnson	59.55	Haddon Heights	55.91	Bergenfield	52.03
Lawrence	59.51	Princeton	55.86	Cresskill	52.03
Elizabeth	59.50	Hawthorne	55.55	Woodbury	52.02
Garfield	59.49	Nutley	55.55	Moorestown	51.79
Park Ridge	59.40	Parsippany Hills	55.55	Memorial	51.77
Union	59.35	JFK	55.49	Watchung Hills	51.71

North Plainfield	51.62	Wildwood	42.49
Colts Neck	51.61	Perth Amboy	42.47
Morris Hills	51.59	Bergen Tech	41.52
New Egypt	51.59	Manchester Twp.	41.45
Monmouth	51.32	North Warren	41.30
Whippany Park	51.25	Freehold Boro	40.50
Montclair	51.17	Haddon Twp.	40.41
Newark Collegiate	50.94	Dover	40.08
Demarest	50.61	Clearview	40.05
Woodstown	49.94	Keyport	39.91
Pitman	49.63	Lodi	39.54
Nottingham	49.62	New Brunswick	39.51
Clifton	49.55	Lakewood	39.49
Maple Shade	49.43	Middle Twp.	39.21
Jefferson	49.39	Middlesex	39.07
Tenafly	49.20	Lindenwold	38.68
Robbinsville	49.17	Lincoln	38.19
Weehawken	48.97	South River	37.88
Paramus	48.49	Parsippany	37.54
East Brunswick	48.36	Orange	37.09
Penns Grove	48.03	Elmwood Park	36.95
Scotch Plains-Fanwood	47.78	Kennedy	36.48
Holy Cross	47.25	North Arlington	35.44
Roselle	46.91	JP Stevens	35.25
Bound Brook	46.87	Ferris	33.26
Monroe	46.87	Pemberton	32.89
Hopatcong	46.61	Palmyra	32.65
Kearny	45.94	Dunellen	28.72
West Side	45.92	West Windsor-P'boro	25.96
Barringer	45.87	Gloucester Catholic	24.53
South Hunterdon	45.55		
Sussex Tech	45.55		
Montclair-Kimberley	45.51		
Columbia	45.19		
Long Branch	45.08		
Florence	44.92		
Allentown	44.50		
Palisades Park	44.47		
Highland Park	43.81		
Deptford	43.71		
Egg Harbor	43.49		
Keansburg	43.16		
North Brunswick	42.87		
Mastery HS of Camden	42.83		
Cliffside Park	42.53		