

**NEW JERSEY FOOTBALL**  
**ESTIMATED 2026 STARTING STRENGTH INDEX**  
**(alphabetical)**

Absegami	54.84	Cherry Hill West	55.96	Freehold Twp.	62.55
Allentown	44.50	Cinnaminson	58.39	Garfield	59.49
Asbury Park	53.69	Clayton	52.28	Gateway	56.39
Atlantic City	78.25	Clearview	40.05	Glassboro	88.19
Atlantic Tech	52.62	Cliffside Park	42.53	Glen Ridge	67.41
Audubon	56.01	Clifton	49.55	Glen Rock	64.26
Barneгат	53.79	Collingswood	55.34	Gloucester Catholic	24.53
Barringer	45.87	<b>Colonia</b>	<b>66.45</b>	Gloucester City	60.30
Bayonne	71.34	Colts Neck	51.61	<b>Governor Livingston</b>	<b>59.11</b>
Becton	62.89	Columbia	45.19	Hackensack	62.13
Belleville	61.41	<b>Cranford</b>	<b>61.21</b>	Hackettstown	57.15
<b>Belvidere</b>	<b>57.07</b>	Cresskill	52.03	Haddon Heights	55.91
Bergen Catholic	88.64	Cumberland	56.61	Haddon Twp.	40.41
Bergen Tech	41.52	<b>Dayton</b>	<b>58.39</b>	Haddonfield	77.81
Bergenfield	52.03	<b>Delaware Valley</b>	<b>58.03</b>	Hamilton	55.09
<b>Bernards</b>	<b>70.29</b>	Delbarton	70.91	Hammonton	57.48
Bishop Eustace	54.51	Delran	71.81	Hanover Park	74.77
Bloomfield	53.06	Delsea	60.91	Hasbrouck Heights	73.54
Bogota	58.45	Demarest	50.61	Hawthorne	55.55
Boonton	54.87	DePaul	82.43	High Point	69.21
Bordentown	61.59	Deptford	43.71	<b>Highland Park</b>	<b>43.81</b>
<b>Bound Brook</b>	<b>46.87</b>	Dickinson	56.40	Highland Regional	54.13
<b>Brearley</b>	<b>52.93</b>	Don Bosco Prep	89.91	Hightstown	53.48
Brick Memorial	84.83	Donovan Catholic	74.47	<b>Hillsborough</b>	<b>63.05</b>
Brick Twp.	59.57	Dover	40.08	<b>Hillside</b>	<b>61.80</b>
Bridgeton	66.37	Dumont	60.41	Hoboken	67.98
<b>Bridgewater-Raritan</b>	<b>73.21</b>	<b>Dunellen</b>	<b>28.72</b>	Holmdel	78.79
Buena	52.26	Dwight Morrow	52.77	Holy Cross	47.25
Burlington City	74.29	<b>East Brunswick</b>	<b>48.36</b>	Holy Spirit	74.71
Burlington Twp.	74.17	East Orange	69.95	Hopatcong	46.61
Butler	78.45	Eastern	66.80	Hopewell Valley	69.15
Caldwell	69.77	<b>Edison</b>	<b>56.11</b>	Howell	57.71
Camden	89.68	Egg Harbor	43.49	Hudson Catholic	53.53
Camden Catholic	54.23	<b>Elizabeth</b>	<b>59.50</b>	<b>Hunterdon Central</b>	<b>57.02</b>
Camden Eastside	58.17	Elmwood Park	36.95	Immaculata	73.30
<b>Carteret</b>	<b>59.83</b>	Ewing	62.98	Indian Hills	56.84
Cedar Creek	85.31	Fair Lawn	53.15	Irvington	62.53
Cedar Grove	78.31	Ferris	33.26	<b>JP Stevens</b>	<b>35.25</b>
Central	64.49	Florence	44.92	Jackson Twp.	63.65
Chatham	69.13	Fort Lee	65.47	Jefferson	49.39
Cherokee	61.29	<b>Franklin</b>	<b>63.11</b>	<b>JFK</b>	<b>55.49</b>
Cherry Hill East	71.45	Freehold Boro	40.50	<b>Johnson</b>	<b>59.55</b>

Keansburg	43.16	Montclair-Kimberley	45.51	Pascack Hills	61.44
Kearny	45.94	<b>Montgomery</b>	<b>69.69</b>	Pascack Valley	67.35
Keyport	39.91	Montville	65.80	Passaic	55.07
Kingsway	82.09	Moorestown	51.79	Passaic Tech	79.13
Kinnelon	69.53	Morris Catholic	54.30	Passaic Valley	65.45
KIPP Cooper Norcross	53.36	Morris Hills	51.59	Eastside	52.33
Kittatinny	58.03	Morris Knolls	66.20	Kennedy	36.48
Lacey	57.11	Morristown	57.33	Paul VI	66.49
Lakeland	56.68	Morristown-Beard	56.52	Paulsboro	68.41
Lakewood	39.49	Mount Olive	76.73	Pemberton	32.89
Lawrence	59.51	Mountain Lakes	73.69	Penns Grove	48.03
Lenape	55.12	Neptune	67.98	Pennsauken	63.17
Lenape Valley	54.21	<b>New Brunswick</b>	<b>39.51</b>	Pennsville	63.93
Lincoln	38.19	New Egypt	51.59	Pequannock	59.12
<b>Linden</b>	<b>59.84</b>	New Milford	61.01	<b>Perth Amboy</b>	<b>42.47</b>
Lindenwold	38.68	<b>New Providence</b>	<b>72.99</b>	<b>Phillipsburg</b>	<b>80.03</b>
Livingston	66.48	Newark Central	57.81	Pinelands	55.46
Lodi	39.54	Newark Collegiate	50.94	Pingry	62.32
Long Branch	45.08	West Side	45.92	<b>Piscataway</b>	<b>68.26</b>
Lower Cape May	65.03	Newton	68.53	Pitman	49.63
Lyndhurst	66.67	North Arlington	35.44	<b>Plainfield</b>	<b>63.53</b>
Madison	74.43	North Bergen	58.60	Pleasantville	70.41
Mahwah	65.11	<b>North Brunswick</b>	<b>42.87</b>	Pt. Pleasant Beach	57.97
Mainland	76.28	<b>North Hunterdon</b>	<b>52.63</b>	Pt. Pleasant Boro	70.17
Manalapan	72.41	<b>North Plainfield</b>	<b>51.62</b>	Pompton Lakes	52.86
Manasquan	67.01	North Warren	41.30	Pope John	63.49
Manchester Regional	54.55	Northern Burlington	62.76	Princeton	55.86
Manchester Twp.	41.45	Northern Highlands	80.48	<b>Rahway</b>	<b>68.19</b>
<b>Manville</b>	<b>66.99</b>	Notre Dame	57.60	Ramapo	86.27
Maple Shade	49.43	Nottingham	49.62	Ramsey	69.99
Marlboro	52.61	Nutley	55.55	Rancocas Valley	74.17
Mastery HS of Camden	42.83	Oakcrest	56.53	Randolph	56.19
Matawan	65.41	Ocean City	62.55	Raritan	57.75
Memorial	51.77	Ocean Twp.	59.21	Red Bank	63.09
Mendham	57.88	<b>Old Bridge</b>	<b>70.39</b>	Red Bank Catholic	80.53
<b>Metuchen</b>	<b>60.05</b>	Old Tappan	85.79	<b>Ridge</b>	<b>67.42</b>
Middle Twp.	39.21	Orange	37.09	Ridgefield Park	63.36
<b>Middlesex</b>	<b>39.07</b>	Overbrook	64.75	Ridgewood	59.79
Middletown North	68.55	Palisades Park	44.47	River Dell	72.32
Middletown South	65.94	Palmyra	32.65	Riverside	54.35
Millburn	54.59	Paramus	48.49	Robbinsville	49.17
Millville	77.69	Paramus Catholic	82.29	<b>Roselle</b>	<b>46.91</b>
Monmouth	51.32	Park Ridge	59.40	<b>Roselle Park</b>	<b>54.22</b>
<b>Monroe</b>	<b>46.87</b>	Parsippany	37.54	Roxbury	62.55
Montclair	51.17	Parsippany Hills	55.55	Rumson-Fair Haven	73.18

Rutherford	64.52	Vineland	52.58
Saddle Brook	59.63	<b>Voorhees</b>	<b>59.33</b>
Salem	67.43	Waldwick	67.31
<b>Sayreville</b>	<b>70.58</b>	Wall	73.29
Schalick	64.07	Wallington	54.10
<b>Scotch Plains-Fanwood</b>	<b>47.78</b>	Wallkill Valley	58.18
Secaucus	56.68	Warren Hills	68.63
Seneca	74.99	Washington Twp.	87.76
Seton Hall Prep	64.56	<b>Watchung Hills</b>	<b>51.71</b>
Shabazz	84.10	Wayne Hills	74.75
Shawnee	70.73	Wayne Valley	71.53
Shore	71.45	Weehawken	48.97
Snyder	54.68	Weequahic	70.66
<b>Somerville</b>	<b>70.90</b>	West Deptford	71.57
<b>South Brunswick</b>	<b>53.01</b>	West Essex	71.79
<b>South Hunterdon</b>	<b>45.55</b>	West Milford	69.78
<b>South Plainfield</b>	<b>63.67</b>	West Morris	76.09
<b>South River</b>	<b>37.88</b>	West Orange	76.27
Southern	73.59	West Windsor-P'boro	25.96
Sparta	66.23	<b>Westfield</b>	<b>60.61</b>
<b>Spotswood</b>	<b>63.94</b>	Westwood	77.35
St. Augustine	74.88	Whippany Park	51.25
St. John Vianney	67.55	Wildwood	42.49
St. Joseph-Hammonton	57.25	Williamstown	61.33
<b>St. Joseph-Metuchen</b>	<b>71.59</b>	Willingboro	73.56
St. Joseph-Montvale	87.19	Winslow	92.99
St. Mary	57.79	Wood-Ridge	60.51
St. Peter's Prep	80.69	<b>Woodbridge</b>	<b>69.33</b>
<b>St. Thomas Aquinas</b>	<b>65.03</b>	Woodbury	52.02
Steinert	61.98	Woodstown	49.94
Sterling	63.25		
<b>Summit</b>	<b>68.11</b>		
Sussex Tech	45.55		
Teaneck	62.61		
Tenafly	49.20		
Timber Creek	60.55		
Toms River East	54.11		
Toms River North	67.44		
Toms River South	53.03		
Trenton	57.47		
Triton	62.58		
<b>Union</b>	<b>59.35</b>		
Union City	68.97		
Vernon	64.54		
Verona	54.67		