

2022 Preseason Strength Index Values
Source: Gridiron New Jersey

Absegami	56.61	DePaul	82.96	Immaculate Conception	70.22
Allentown	47.71	Deptford	57.21	Indian Hills	41.82
Asbury Park	58.50	Dickinson	61.64	Irvington	78.57
Atlantic City	52.31	Don Bosco Prep	85.32	J.P. Stevens	33.37
Audubon	57.80	Donovan Catholic	84.95	Jackson	60.49
Barnegat	56.76	Dover	40.46	Jackson Liberty	43.77
Barringer	40.17	Dumont	65.65	Jefferson	74.21
Bayonne	54.24	Dunellen	34.58	JFK (Iselin)	52.81
Becton	66.16	Dwight Morrow	37.64	Johnson	42.86
Belleville	59.54	East Brunswick	65.19	Keansburg	50.73
Belvidere	51.55	East Orange Campus	77.55	Kearny	35.69
Bergen Catholic	95.36	Eastern	61.05	Keyport	47.80
Bergen Tech	37.64	Edison	62.52	Kingsway	69.80
Bergenfield	62.08	Egg Harbor	70.03	Kinnelon	46.77
Bernards	66.06	Elizabeth	58.63	Kittatinny	56.47
Bishop Eustace	26.96	Elmwood Park	53.06	Lacey	59.80
Bloomfield	50.83	Emerson	40.48	Lakeland	61.39
Bogota	57.38	Ewing	59.04	Lakewood	47.18
Boonton	67.24	Fair Lawn	41.52	Lawrence	46.37
Bordentown	69.43	Ferris	25.33	Lenape	67.12
Bound Brook	54.26	Florence	50.77	Lenape Valley	65.90
Brearley	61.53	Fort Lee	51.01	Lincoln	65.66
Brick Memorial	58.08	Franklin	57.37	Linden	59.52
Brick Township	56.59	Freehold Boro	57.96	Lindenwold	26.49
Bridgeton	61.23	Freehold Township	49.68	Livingston	60.32
Bridgewater-Raritan	66.35	Garfield	55.24	Lodi	44.02
Buena	49.47	Gateway	49.78	Long Branch	67.91
Burlington City	48.87	Glassboro	58.83	Lower Cape May	47.00
Burlington Township	73.11	Glen Ridge	62.16	Lyndhurst	59.12
Butler	49.21	Glen Rock	59.71	Madison	57.56
Caldwell	84.76	Gloucester Catholic	26.41	Mahwah	51.09
Camden	72.68	Gloucester City	67.12	Mainland	57.48
Camden Catholic	58.46	Governor Livingston	44.80	Manalapan	70.43
Camden Eastside	85.62	Hackensack	63.18	Manasquan	72.83
Carteret	53.03	Hackettstown	47.28	Manchester Regional	50.54
Cedar Creek	85.31	Haddon Heights	70.05	Manchester Township	51.40
Cedar Grove	75.54	Haddon Township	42.94	Manville	48.84
Central	60.63	Haddonfield	70.94	Maple Shade	59.16
Chatham	57.55	Hamilton	55.63	Marlboro	60.40
Cherokee	76.24	Hammonton	64.97	Matawan	49.15
Cherry Hill East	44.56	Hanover Park	68.41	Memorial	39.79
Cherry Hill West	57.07	Harrison	33.87	Mendham	58.49
Cinnaminson	50.14	Hasbrouck Heights	71.32	Metuchen	46.59
Clayton	53.40	Hawthorne	70.76	Middle Township	60.91
Clearview	61.07	High Point	44.96	Middlesex	51.81
Cliffside Park	45.43	Highland Park	26.32	Middletown North	62.63
Clifton	72.82	Highland Regional	59.58	Middletown South	74.85
Collingswood	53.21	Hightstown	61.38	Millburn	45.90
Colonia	70.41	Hillsborough	84.87	Millville	89.55
Colts Neck	63.77	Hillside	68.12	Monmouth	54.59
Columbia	54.89	Hoboken	45.26	Monroe	53.15
Cranford	76.27	Holmdel	60.46	Montclair	63.26
Cresskill	48.26	Holy Cross	37.16	Montclair Kimberley	43.31
Cumberland	35.49	Holy Spirit	76.90	Montgomery	60.23
Dayton	46.51	Hopatcong	38.56	Montville	56.61
Delaware Valley	68.01	Hopewell Valley	56.78	Moorestown	52.38
Delbarton	75.84	Howell	56.58	Morris Catholic	64.01
Delran	73.71	Hudson Catholic	66.28	Morris Hills	58.55
Delsea	75.66	Hunterdon Central	54.25	Morris Knolls	62.83
Demarest	59.60	Immaculata	58.51	Morristown	48.58

Morristown-Beard	58.91	Point Pleasant Boro	75.46	Triton	56.09
Mount Olive	76.26	Pompton Lakes	63.30	Union	82.23
Mountain Lakes	68.16	Pope John	62.28	Union City	65.85
Neptune	55.84	Princeton	43.62	Vernon	60.60
New Brunswick	58.07	Rahway	65.11	Verona	56.78
New Egypt	57.49	Ramapo	78.84	Vineland	55.09
New Milford	47.09	Ramsey	69.78	Voorhees	48.92
New Providence	66.80	Rancocas Valley	56.60	Waldwick	70.95
Newark Academy	30.63	Randolph	70.08	Wall	78.69
Newark Central	44.64	Raritan	66.61	Wallington	61.14
Newark Collegiate	42.83	Red Bank	57.67	Walkill Valley	54.53
Newark East Side	31.56	Red Bank Catholic	84.97	Warren Hills	59.32
Newark West Side	62.22	Ridge	73.78	Washington Township	74.63
Newton	72.72	Ridgefield Park	63.22	Watchung Hills	60.21
North Arlington	49.41	Ridgewood	70.29	Wayne Hills	69.27
North Bergen	48.01	River Dell	66.15	Wayne Valley	59.73
North Brunswick	69.09	Riverside	24.28	Weehawken	39.36
North Hunterdon	69.49	Robbinsville	49.74	Weequahic	66.77
North Plainfield	56.78	Roselle	49.55	West Deptford	56.80
North Warren	53.95	Roselle Park	39.91	West Essex	76.80
Northern Burlington	54.32	Roxbury	56.76	West Milford	62.44
Northern Highlands	83.80	Rumson-Fair Haven	82.26	West Morris	85.53
Notre Dame	65.90	Rutherford	71.78	West Orange	71.24
Nottingham	67.71	Saddle Brook	59.51	West Windsor-Plainsboro	44.83
Nutley	60.94	Salem	79.48	Westfield	63.34
Oakcrest	58.55	Sayreville	71.86	Westwood	65.63
Ocean City	75.72	Schalick	42.85	Whippany Park	62.20
Ocean Township	58.95	Scotch Plains-Fanwood	59.60	Wildwood	39.20
Old Bridge	61.78	Secaucus	43.47	Williamstown	66.29
Old Tappan	67.55	Seneca	48.99	Willingboro	69.71
Orange	46.24	Seton Hall Prep	82.15	Winslow Township	80.55
Overbrook	56.62	Shabazz	49.55	Woodbridge	63.54
Palisades Park	42.20	Shawnee	77.59	Woodbury	70.06
Palmyra	47.42	Shore	68.17	Wood-Ridge	55.08
Paramus	49.17	Snyder	50.11	Woodstown	74.82
Paramus Catholic	52.00	Somerville	75.37		
Park Ridge	77.09	South Brunswick	59.62		
Parsippany	45.21	South Hunterdon	59.36		
Parsippany Hills	62.30	South Plainfield	51.96		
Pascack Hills	50.65	South River	47.85		
Pascack Valley	65.23	Southern	62.89		
Passaic	47.82	Sparta	77.15		
Passaic County Tech	66.17	Spotswood	34.01		
Passaic Valley	60.73	St. Augustine Prep	82.44		
Paterson Eastside	67.15	St. John Vianney	62.44		
Paterson Kennedy	41.68	St. Joseph (Hamm.)	87.55		
Paul VI	64.23	St. Joseph (Met.)	63.77		
Paulsboro	77.11	St. Joseph (Mont.)	79.01		
Pemberton	47.68	St. Mary	44.50		
Penns Grove	66.39	St. Peter's Prep	80.54		
Pennsauken	71.44	St. Thomas Aquinas	72.84		
Pennsville	41.35	Steinert	52.41		
Pequannock	56.40	Sterling	61.76		
Perth Amboy	42.43	Summit	61.84		
Phillipsburg	72.33	Sussex Tech	45.96		
Pinelands	45.86	Teaneck	44.66		
Pingry	49.31	Tenafly	58.15		
Piscataway	52.05	Timber Creek	64.01		
Pitman	45.90	Toms River East	43.17		
Plainfield	54.32	Toms River North	71.26		
Pleasantville	55.38	Toms River South	50.64		
Point Pleasant Beach	44.30	Trenton	48.78		